

# Backyard Olympics Mini Project



Weeks 6-10



The Tokyo Olympic Games were due to be held this year. You may be aware that due to COVID 19, the games did not go ahead. They have been rescheduled for 23 July to 8 August, 2021. The Olympic Games feature 35 different sports and up to 400 events.

- Your task is to create your own '*Backyard Olympics*'.
- Be creative and come up with some fun events for you and your family to take part in.
- Use things around your house like paper plates, balloons, plastic balls but make sure you ask permission first.
- You could design and make your own medals to present to winning family members!

There are some terrific websites that may give you ideas, if you get stuck. For example:

<https://www.playgroupnsw.org.au/ParentResources/ParentingYoungChildren/Olympic-Games-In-Your-Backyard>

<https://www.allinahealth.org/healthsetgo/move/ten-activities-for-your-own-backyard-olympics>

Here are some examples of some fun and silly events:

## Fly Swatter Golf Race:

Each family member uses a fly swatter to hit a plastic ball along the ground along a course and back.

## Water Frisbees Race:

Each competitor fills an upturned Frisbee with water and races to a cup, without spilling too much water, and empties the water into the container. The winner is the first to fill their cup.

## Crab Race:

On your back using your arms and legs, race either forwards or backwards to a marker to see who is the fastest.

## TASK

- 1 Brainstorm a **minimum of six events** for your Backyard Olympic Games.
- 2 **For each event:**  
Write instructions  
Use illustrations to help explain the steps  
List equipment required
- 3 Set a date to host the Games and if you can, take a photo or two of your family competing.
- 4 Present this project in a format of your choice. For example: Powerpoint, poster, booklet.

**You will be asked to share your fun experiences and project when we return to school.**

